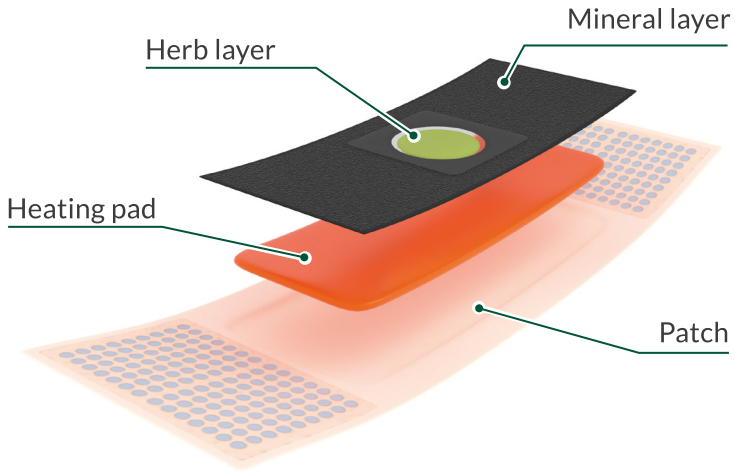
HerbaChaud®
The natural heat patch
NATURAL, LONG-LASTING DEEP
HEAT THAT MAKES A DIFFERENCE

Heat – Minerals – Herbs

How does the **Herba*Chaud*®** heat patch work?

The **Herba*Chaud*®** heat patch combines proven naturopathy methods with the millennia-old knowledge of traditional Chinese medicine.



With the soothing effects of natural minerals, the healing power of traditional Chinese herbs and relaxing deep heat, **Herba*Chaud*®** heat patches bring together three active ingredients in a modern and easy-to-use application.
The heat patch produces a constant temperature of up to 40 °C directly at the pain trigger point, penetrating into the lowest muscle layers. This deep heat, lasting up to 12 hours, relaxes the muscles and specifically promotes blood circulation in the tissue. This improves the supply of oxygen and nutrients to the muscles, thereby promoting the natural self-healing process.

Suitable for people with allergies

12 hours of heat

100% natural

You will feel these benefits

- 100% natural plant and mineral active ingredients
- Completely free of side effects
- No risk of skin irritations
- Also ideal for long-term use

Stay active
with the **Herba*Chaud*®** heat patch

For application on the back, neck, abdomen or knees in cases of:

- backache and lower back pain
- osteoarthritis and joint complaints
- neck tension and shoulder area strains and sprains
- delayed onset muscle soreness (DOMS)
- menstrual cramps

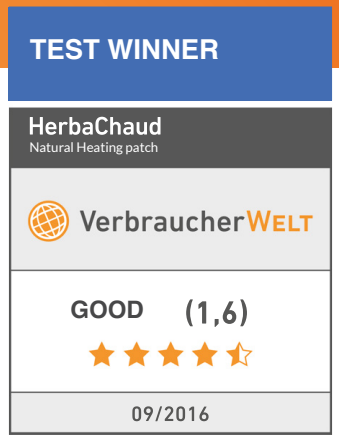
The **Herba*Chaud*®** heat patch is naturally activated by atmospheric oxygen.

It is especially effective if applied at night: apply the **Herba*Chaud*®** heat patch to the painful area about 2 hours before going to bed. The intensive, deep heat unfolds its long-lasting, soothing and pain-relieving effect during the entire night's sleep.

Herba*Chaud*® is also suitable for mechanically stressed body parts, such as knees or elbows.

The Herba*Chaud*® heat patch helps you to keep active, naturally and gently

Trust the test winner



Herba*Chaud*® has been selected as the test winner among thermal patches in several independent tests.

Try for yourself:
Herba*Chaud*® – the deep-acting heat patch that makes a noticeable and natural difference!

The natural heat patch

Herba***Chaud***® natural heating patches are physically acting, odorless heating patches, which emit deep penetrating warmth (40°C) for up to 12 hours. The long-lasting warmth promotes blood circulation in muscles and joints.

APPLICATIONS

- Muscle and joint pain due to muscle tension, osteoarthritis, overexertion, strains, sprains
- Back pain/sacroiliac pain
- Tension in the neck and shoulders
- Menstrual cramps

HOW TO USE

The product is activated by contact with oxygen in the air. Only open immediately before use. Herba***Chaud***® is applied directly on the skin and can be worn under clothing. Apply the patch to the affected area.
First, make sure the skin is clean and dry. Open the foil packaging, shake and knead the patch, then let it sit for 5 minutes. Then remove the two protective films and apply the patch to the affected area, adhesive side down. If your skin is sensitive, apply the patch instead with the adhesive facing the inside of your undergarment. The patch can also be fixed on the sides with medical adhesive tape.
The patch will heat up after 5 minutes and stay warm for up to 12 hours. To ensure that enough oxygen passes through the back of the patch, do not obstruct the air supply with tight clothing. ***This product is for single use only!***

INGREDIENTS

- Iron powder and activated carbon

DANGER WARNINGS

- For external use only. Do not swallow, as the substances may be harmful to your health. If swallowed, seek medical attention immediately.
- Do not heat in the microwave or try to re-heat the patch as it may catch fire.

WARNING:

- Do not use on face, chest, inside arms, armpits, fingers, toes, injured skin, bruises, or swelling
- Do not use on open wounds, near mucous membranes, the eyes, or the hollow of the knee.
- Remove the product immediately if you experience skin irritation or if the patch becomes uncomfortably hot.
- Do not use in combination with other skin medicines, sources of heat, or heat lotions/ointments.
- All heating plasters can cause skin irritation, burns, or blisters check your skin regularly.
- Remove the product immediately if you experience skin irritation or if the patch becomes uncomfortably hot.

CAUTIONS

- If the contents come into contact with your skin or eyes, flush with water immediately and seek medical attention.
- Do not apply to the same spot for longer than 12 hours within a 24-hour period. If symptoms persist or worsen, consult your doctor. Do not apply pressure on the patch for long periods of time.
- Do not use after drinking alcohol.
- After use, discard with normal household waste.
- Do not cut, fold, or moisten the patch. Do not apply ointments to the patch. Do not use if the patch has been damaged.

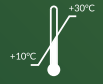
REQUIREMENTS

- Recommended only for ages 12 and older
- People who can remove the patch without assistance
- If you have diabetes, are pregnant, have weak circulation, nerve damage, a skin disease, or an allergy to adhesive plasters, please consult your doctor before application.
- For neck and back pain, the product should only be used after consultation with a doctor.
- If you have rheumatoid arthritis, ask your doctor whether heat therapy is suitable.

Do not reuse

Dispose of with household waste

Keep out of reach of children



Temperature restriction

Expiry date

Never put in microwave

Caution

Batch designation

CE mark with identification number of the appointed body

Read leaflet

www.herbachaud.com